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INFORMATION ABOUT YOUR TEMPORARY

A temporary is a filling or a crown that is placed until the final filling or crown is made and ready to be placed. It is normal for the gum around your tooth to be a little sore when the numbness wears off. This should disappear by tomorrow. Chewing sticky foods may dislodge the temporary. It is not uncommon to have the following reactions or problems with the temporary.

It Feels Rough

Please call us if it making the tongue sensitive.

It Came Off

This is probably the most common problem. It is supposed to come off easily and some foods will help in this. Stay away from sticky foods or gum. It is important for it to be there, so we can re-cement it or you can put it back in with a denture adhesive until you can get in.

It Feels High

Come in so that we can adjust it. You can bruise a tooth if it hits too much.

The Temporary Doesn't Look Perfect

Don't worry, the permanent will look much better.

It Is Sensitive

The temporary will not always fit as well as the final restoration will, so there may be some sensitivity to hot and cold as well as chewing. If it is too uncomfortable, please call. Use warm salt-water (1 teaspoon of salt in 8oz. of warm water) 3-5 times a day for 3 days, this will help clear the area and take the "achiness" away.

The temporary is very important. It protects the exposed tooth so it is not sensitive, prevents food from gathering in the preparation, and prevents the prepared tooth from shifting and moving making seating of the permanent more difficult. Use your toothbrush to clean the temporary as you normally do your other teeth. You should not floss around your temporary as you may dislodge it.

If you have any questions, please call us at 718-543-3704. Remember, it will only be for a short time and it will all be worth it when you get your beautiful final restoration.