

# DR. TALLER DENTAL NEWS



3601 Waldo Ave., Riverdale, NY 10463 718-543-3704 <http://www.drallerdental.com>



## A Message From Dr. Samuel Taller

Gum disease is the number one cause of tooth loss in adults. Most people don't realize they have periodontal disease (gum disease) until it is a serious problem. As the bone supporting the teeth deteriorates, people may not feel any pain or symptoms. Some people notice bleeding gums or puffiness and occasionally feel some discomfort. With proper care periodontal disease can be controlled.

There are a few simple steps you can take to reduce the risk of periodontal disease.

Brush daily  
Floss daily  
Eat a healthy diet and avoid smoking.  
Visit your dentist regularly.

Maintaining your gums not only helps your teeth but can also reduce your risk of heart disease, stroke, as well as other health issues.

Please contact us with any questions.

*Dr. Samuel H. Taller*  
Dr. Samuel H. Taller

## Head And Neck Pain— Can It Be From Your Teeth?

Do you experience headaches or neck pain and are unable to identify the cause? Head muscles, nerves and joints are all connected and teeth can "refer" pain to these areas. If your physician is unable to find the cause of your pain, a dental visit could help solve the mystery.

Headaches from dental issues could include:

- Infected teeth
- TMJ pain
- Gum disease
- Grinding your teeth

Speak to your dentist about your concerns.

## Word Scramble

slsfo	_____	crosiin	_____
etib	_____	pli	_____
hotot	_____	gedrib	_____
leenma	_____	qeupal	_____

Pain is a sign that your teeth or gums need treatment. Home remedies can mask the symptom while the cause worsens.

*Always update your medical history. Any changes in medication, recent history of illness, etc. can affect your treatment.*



**We appreciate your confidence in  
referring your friends**

**Office Hours**

Monday 11 AM - 8 PM  
Tuesday 10 AM - 5 PM  
Wednesday 10 AM - 7 PM  
Thursday 10 AM - 6 PM  
Friday 8 AM - 1:30 PM

*Appointment phone number is (718) 543-3704. Twenty four hour emergency service available.*

*We thank you for the confidence you have shown in us with your kind referrals to your family and friends.*

**Office Staff**

Mary- Dental Hygienist      Lisa- Dental Hygienist  
Florence- Dental Assistant      Ann- Dental Assistant  
Minda- Receptionist      Joan- Receptionist  
Rona- Insurance/Billing Administrator

Dr. Taller Dental News is presented by Dr. Samuel H. Taller. If you have any questions, please contact Dr. Taller at 3601 Waldo Avenue, Riverdale, NY. (718) 543-3704.

# HAPPY

# HOLIDAYS!



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Address Service Requested